

Bread Machine & Baking Videos with Ellen Hoffman

Asian Inspired Black Rice & Sesame bread

1

- 190 g water
- 1 egg, slightly beaten
- 45g TOASTED sesame oil
- 68g honey
- 10g LOW SODIUM soy sauce
- 540g King Arthur Bread Flour
- 7g salt
- 8g SAF instant yeast

Add at beep

- 200g cooked black Japonica rice
- 20g black sesame seeds (any sesame seeds)

Options:

Use wild rice or even white or brown rice

Use white sesame seeds

Use neutral oil if you think the sesame flavor will be too strong

Bake in bread machine on white or basic, or use dough course as in video.